



## Gestational Diabetes Program

Average pregnancy and birth costs for mothers with gestational diabetes mellitus (GDM) are more than twice the cost of a normal pregnancy and delivery.<sup>1</sup> Treatment of GDM can lower the incidence of secondary outcomes for both mother and baby.

Promote positive health outcomes and reduce overall health plan spend with the LivingConnected® GDM Program.

- **Smart Biometric Devices & Diabetes Monitoring Supplies**
  - Easy-to-use cellular-enabled glucose meters track blood glucose and transmit readings
- **Rumble Tuff® Breast Pump**
  - Breastfeeding is shown to delay the occurrence of Type 2 diabetes by ~ ten years<sup>2</sup>  
(shipped upon mothers' decision to breastfeed)
- **24/7 Live Monitoring, Clinician-led Intervention & Coaching**
  - Real-time, live clinical team interventions immediately upon the receipt of critical readings
  - Non-insulin-using pregnant mothers receive coaching to promote lifestyle behavior changes
- **Medical Nutrition Therapy & Ongoing Diabetes Education**
  - ADCES-accredited Diabetes Education Program provides guidance and support
  - Nutritional assessment and individualized meal plan from a Registered Dietitian

Let CCS help you keep your members healthier and reduce the cost of their care.



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